Anti-Markup Rule Provision Injunction

In November, 2007, CMS issued the Physician Fee Schedule for CY 2008 final rule which expanded the scope of the "Anti-Markup Rule", a provision which prohibits billing physicians from marking up, or realizing a profit on, the technical component of a diagnostic test that was purchased from an outside supplier or performed at a site other than the office of the billing physician. "Technical component" refers to the cost of the test associated with the actual performance of the test. By contrast, "professional component" refers to that portion of the cost associated with the interpretation of the test results. The rule was expanded to apply not only to the technical component of certain diagnostic tests performed by outside pathology providers, but now also to the professional component of diagnostic testing. Significantly, the expanded rule applies to any test that is either purchased from an outside supplier or "performed at a site other than the office of the billing physician or other supplier".[1] Under the expanded rule, a "centralized building", as defined under the Stark Law, used by a group practice solely for the purpose of providing pathology services, would no longer be considered as an "office" of the group, resulting in the prohibition of marking up the technical or professional components of any services rendered in such locations. Further, in order to comply with the Anti-Markup Rule, the billing physician cannot charge more than the lowest of either (1) the performing supplier's net charge to the billing physician; (2) the billing physician's actual charge; or, (3) the fee schedule amount for the test that would be allowed if the performing supplier billed directly.[2]

Antitrust Implications of Physician Owned Facilities vs. General Hospitals: How Heartland Has Changed the Landscape and Considerations for the Future

There is an ongoing debate amongst hospital administrators, physicians, and purchasers of hospital services about the financial impact of physician owned facilities (POFs) on general hospitals located in the same geographic markets. Proponents of POFs cite benefits such as improved competition leading to lower costs; higher quality; better outcomes; increased efficiency derived from more focus on specific services; more convenient services than offered by general hospitals; better amenities; greater physician control over delivery of service; and, the ability of physician to supplement their otherwise decreasing revenues. Critics of POFs have argued that POFs present an inherent conflict of interest where physician owners of facilities that compete with the hospitals engage in "cream skimming", where physicians refer patients with higher reimbursement rates to their POF, and leave the more costly patients in the care of the general hospital (the converse of this is called "patient dumping" which, critics argue, also occurs).[1] Additionally, critics argue that general hospitals rely on these higher reimbursement patients to cross-subsidize other unprofitable services such as emergency room services. Other criticisms include the arguments that POFs duplicate facilities, resulting in overcapacity of the market; that they create incentives for upcoding or overpricing; that they exacerbate staff shortages and result in diminished ER call coverage; that conflicts of interest result in abused or ignored peer review obligations; and, that they result in overall deterioration of hospital board-medical staff relationships.[2]
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In January 2008, "concerned that the definition of 'office of the billing physician or other supplier' may not be entirely clear and could have unintended consequences", CMS promulgated a new "final rule" which delayed the implementation of the new anti-markup provisions until January 1, 2009. The "Delay Rule" would apply in all but two circumstances: (1) in cases where anatomic pathology diagnostic testing is furnished in space that is utilized by a physician group practice as a "centralized building"; and, (2) anti-markup provisions would still apply to the technical component of purchased tests as this provision has existed since the inception of the Anti-Markup Rule in 1992, and prior to the recent expansion.[3] The Delay Rule was quickly challenged by a group of urologist plaintiffs who objected to CMS' decision to not delay the portion of the Delay Rule that applied to services performed in a "centralized building". Through their action (Atlanta Urological Associates, P.A., et al. v. Leavitt, D.D.C, No. 1:08-cv-00141), the plaintiffs were able to obtain a preliminary injunction which prohibited the Department of Health and Human Services (HHS) from applying the Anti-Markup Rule to services provided in a centralized building, based on the reasoning that HHS issued the Delay Rule without going through the formal notice and comment procedures, which made it "arbitrary and capricious rulemaking".[4]

HHS challenged the injunction, however, and obtained a dismissal of the plaintiffs' action on May 5, 2008. The court granted the agency's motion to dismiss and vacate the injunction on the grounds that the plaintiffs lacked standing because they could not show that they had suffered an injury that was likely to be redressed by a favorable decision and because the plaintiffs "overstated[d] their case", reasoning that the Anti-Markup Rule is merely a limit on Medicare reimbursement, and not a termination of participation.[5] Further, any challenge to the Anti-Markup Rule itself (as opposed to this challenge against the Delay Rule) by Medicare participants should be addressed through the administrative process before going to the courts.

Part of the reason HHS carved out the exception for pathology services performed in a "centralized building" is due to its growing concern over "pod laboratories", which were defined by the judge in this case. In addition to this ongoing debate, many general hospitals have come under scrutiny by antitrust authorities for engaging in potentially exclusionary practices in what general hospitals cite as, an effort to respond to the negative financial impact POFs have on general hospitals. In situations where POFs are owned in whole or in part by physicians with privileges on the medical staff of a general acute care hospital, and where the POF competes with that hospital either on an inpatient or outpatient basis, many hospitals have engaged in activities that attempt to shut the POF (e.g., specialty hospital) out of the market. Some of these practices include refusing to assist or cooperate with specialty hospitals; pressuring other members of the medical staff and/or community physicians to not do business with the specialty hospital; pressuring payors to exclude specialty hospitals from the payors' networks; and, limiting or terminating physician-investors' privileges and medical staff membership ("conflict of interest credentialing").[3] In response to these practices, some POFs have initiated antitrust suits, claiming that the general hospitals are engaging in illegal exclusionary boycotts. The two most common claims are that hospitals have denied or restricted staff privileges to physicians that have an ownership interest in a POF that competes with the hospital and that hospitals have engaged in exclusive arrangements designed to restrict the POF's access to payors.[4]

Despite increased antitrust scrutiny in this sector, cases initiated by POFs have repeatedly failed to proceed to trial because they are generally difficult to prove and therefore cannot survive summary judgment. The first case that was able to survive summary judgment challenge was Heartland Surgical Specialty Hospital v. Midwest Division, Inc., in which the plaintiff surgical specialty hospital (SSH) alleged horizontal conspiracies between multiple health plans and multiple hospitals, as well as vertical conspiracies between the hospitals and payors directly, resulting in pressure on payors, as well as direct agreements with them, to exclude the SSH from their networks.[5] This lawsuit is unique in that it alleges horizontal conspiracies in the POF context, since most lawsuits center around exclusive contracts or the denial or restriction of staff privileges for physicians...
clients nationwide. He has developed and implemented hospital and physician driven MSOs and networks involving a wide range of specialties; developed a physician-owned ambulatory surgery center; participated in the evaluation and negotiation of managed care contracts, performed valuations of a wide array of healthcare entities; participated in numerous litigation support engagements; created pro-forma financials; written business plans and feasibility analyses; conducted comprehensive industry research; completed due diligence analysis; overseen the selection process for vendors, contractors, and architects; and, developed project financing.

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However, just as all of these issues appeared to have been decided, CMS issued another proposed rule on June 30, 2008,[7] in which it explores two alternatives to the original Anti-Markup Rule provisions promulgated in 2007. The first alternative, tests and services performed in a centralized building (or the same building, as defined under Stark law) would not be subject to Anti-Markup Rule provisions if they were performed by a physician who "shares a practice" with the billing physician or physician organization. However, if the physician performing the test provides services to more than one physician or physician organization, that physician would then not fall into the "shares a practice" exception. The second alternative proposes three amendments to the definition of the term "office of the billing physician or other supplier", whereby the definition would include: (1) space located in the "same building" in which the billing physician or other supplier regularly provides patient care; (2) more than one location where a physician regularly furnishes patient care; or (3) the office where the ordering physician provides most of his or her services in the context of a physician organization. Under the second alternative, the Anti-Markup Rule would apply to the technical component services conducted or supervised outside the with interests in POFs. Part of the reason that the Heartland case was the first of its kind to be allowed to continue to trial is because antitrust law enforcement has been "pretty protective" of hospitals that have taken measures to combat "cream-skimming" by specialty hospitals.[6] However, antitrust laws still protect against entities with market power from using that market power to pressure others (here, other hospitals and payors) into agreeing to exclude a competitor from the market, and that is where the hospital defendants in this case ran into trouble.

The Heartland case eventually settled in Spring 2008 for an undisclosed amount.[7] What Heartland demonstrates, however, is how antitrust challenges by POFs will not always fall on the side of the general hospitals. While this precedent has now been established, there are still important and unresolved issues that the courts have yet to determine. One of the most important elements of any antitrust challenge is the requirement of an agreement between competitors in the restraint of trade. In a majority of these cases, the allegations of agreement are launched at hospital boards that are in supposed agreements with their medical staffs. The circuits are split on whether or not a hospital and members of its medical staff can be considered separate entities for the purposes of forming an agreement to restrain trade.[8] Some circuits argue that the medical staffs are simply a subpart of the larger hospital entity and therefore cannot be judged as making decisions as separate entities. Another important consideration courts are facing is the determination as to whether a hospital's staff privilege decision is merely a "unilateral act" rather than any form of conspiracy, as such unilateral decisions are legal (assuming the unilateral activity is not predatory). Finally, courts are also split on the question of whether certain actions taken by hospitals in response to POFs can be considered to have legitimate business justifications (the last step in any rule of reason in antitrust analysis), i.e., if a general hospital can show that its actions are in pursuit of a legitimate business goal, such as protecting its ability to cross-subsidize unprofitable services so that it may continue to provide those services to the community or to protect from "cream-skimming", then some courts may find the actions justified, even if detrimental to the POF.[9] These
OIG Provider Self-Disclosure Protocol

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OIG Issues Open Letter Regarding Refinements to Provider Voluntary Self-Disclosure Protocol

On April 15, 2008, the Office of Inspector General (OIG) of the Department of Health and Human Services issued an “Open Letter to Health Care Providers”[1] ("2008 Open Letter") which updated the provisions of the OIG Provider Self-Disclosure Protocol. The Office of the billing physician, and the technical component would not be purchased from an outside supplier if the technical component if it is supervised by someone in the office of the billing physician. The new proposed rule, with the new alternatives, is open for comment starting July 7, 2008 through August 29, 2008.[8]


Physician Antitrust Update: Fifth Circuit Affirms FTC's Decision in North Texas Specialty Physicians

Three years after the Federal Trade Commission (FTC) ruled that the North Texas Specialty Physicians (NTSP) independent practice association (IPA) was engaging in illegal price-fixing,[1] the Fifth Circuit Court of Appeals affirmed the decision, stating that negotiation (on behalf of physician members) that doesn’t involve risk sharing with payors or any form of improved efficiency arising out of clinical integration, runs afoul of antitrust laws.[2]

The FTC originally examined the NTSP arrangement under a "quick-look" analysis. Under such an analysis, if the FTC finds that there is inherently suspect conduct, the respondent must then provide a procompetitive business justification for the conduct. In this case, NTSP’s joint contracting activities neither saved money nor improved quality, leading the FTC to the conclusion that it constituted illegal price-fixing under Section 1 of the Sherman Act.

Stark Law Update: Recent Developments

Over the past several months, the Centers for Medicare & Medicaid Services (CMS) has issued various proposed rules and advisory opinions on issues related to the Stark Law provisions. Most notably, CMS is currently revisiting one of the provisions in the Stark II, Phase III rule it finalized in September 2007, i.e., the provision requiring physicians with financial interests in physician organizations to “stand in the shoes” of such organizations for the purposes of complying with self-referral laws. Additionally, CMS has issued an advisory opinion dealing with the Stark implications of providing customized software to members of hospital medical staffs for the purpose of remote access to patient information.

Status of the "Stand in the Shoes" Provision

In September 2007, CMS issued the third
(SDP). Since its inception in 1998, the SDP has offered detailed instructions for how healthcare providers can voluntarily report potential fraud in their dealings with federal health care programs. Originally, the SDP guidelines did not make any commitment as to how a self-disclosed case would be handled. However, since 1998, the OIG has issued multiple Open Letters that have consistently increased incentives for providers to self-disclose by diminishing the severity of penalties imposed after self-disclosure. For example, in 2001, the OIG departed from its practice of imposing five-year Corporate Integrity Agreements (CIAs) in favor of three-year Certification of Compliance Agreements (CCAs),[1] and in 2006, the OIG stated that it would ordinarily forego its exclusion powers for providers that self-disclosed and would impose monetary penalties that were "near the lower end of the damages continuum."[2]

With the goal of increasing efficiency and benefiting providers who self-disclose, the OIG has once again improved incentives for providers to participate in the SDP. In the 2008 Open Letter, the SDP has been refined so that participants who submit complete and informative disclosures; quickly respond to OIG's requests for further information; and, perform accurate audits will "generally [not be] require [d] to enter into a Corporate Integrity Agreement or Certification of Compliance Agreement." The OIG will also continue to impose monetary penalties near the lower end of the damages continuum to participants that fully cooperate.

In exchange for these increased incentives, which the OIG hopes will reward providers that are truly committed to integrity in the delivery of healthcare, the new SDP refinements have added additional pieces of information that the initial SDP submission must contain, in an effort to improve and streamline the disclosure process. In addition to the Basic Information required by the 1998 SDP, a complete submission must now contain the following: (1) a complete description of the conduct being disclosed; (2) a description of the provider's internal investigation or a commitment regarding when it will be completed; (3) an estimate of the damages to the Federal health care programs and the methodology used to calculate that figure or a commitment regarding when the provider will complete such estimate; and, (4) a statement of the Antitrust Act.

NTSP is not the first, and is unlikely to be the last, IPA that has faced antitrust scrutiny and has been found to be in violation. Traditionally, IPAs have been able to negotiate on behalf of their members if the joint-contracting agreement has an element of risk-sharing built into it, or if the IPA has embarked on a clinical integration scheme to improve efficiency among its members (and even under this latter exception, only two clinically integrated IPAs have successfully survived antitrust challenges).[3] The significance of the NTSP decision for future IPA activities is the FTC and the Court's interpretation of the IPA's use of the "messenger model", which NTSP used to poll members to find out minimum fees they would accept before negotiating with insurers.[4] The "messenger model" has traditionally been a way for physician networks to use a single agent to relay contract information between the group and a payor, but has never allowed the group to set contract terms or negotiate on behalf of the group. NTSP argued that there are actually "spillover" effects from previous risk-sharing contracts that helped improve quality, and that the FTC failed to consider these "spillover" effects carefully enough when making its decision.

Even though the Fifth Circuit affirmed the FTC's decision as a whole, the Court did rule that the portion of the decision in which the FTC prohibited NTSP from facilitating any contract negotiations on behalf of its members was overbroad. While there is a delicate balance between the ability of IPAs to facilitate easier negotiations between member physicians and payors and activity that verges on being anticompetitive, it is important for physicians to be able to negotiate with payors, particularly in those instances in which physicians face a disproportionate disadvantage against "large, sophisticated payors".[5] In order to combat this disadvantage at the bargaining table, physicians have to hope that joining an IPA will help bolster their negotiating leverage, and critics of the decision argue that it is "likely to prevent doctors from trying to come up with efficient and innovative ways of coming together to practice medicine."[6]

NTSP is considering appealing the Fifth Circuit decision, which may or may not get a court to look at the clinical efficiencies that it installment of the federal self-referral law, more commonly referred to as Stark II ("Phase III").[1] In the Phase III installment, CMS included a provision that would now consider physicians who have an ownership interest in a physician organization to "stand in the shoes" of the physician organization for the purpose of Stark laws, i.e., the physician would "collapse" into the physician organization, resulting in the the physician organization no longer being considered an intervening entity for the purpose of establishing an indirect compensation arrangement with a designated health service ("DHS"). Under the new provision, any physician member, employee or contractor of the physician organization will be considered to have the same compensation arrangement with the DHS that the physician organization has as a whole. The effect of the "stand in the shoes" provision is that many more physicians will be considered to have direct compensation arrangements with DHS entities, therefore falling under a different set of exemption provisions to Stark.[2]

The final implementation of the "stand in the shoes" doctrine that concerned academic medical centers ("AMCs") and nonprofit integrated health system settings was delayed in November 2007, until December 2008, so that CMS could address such concerns as: (1) compensation arrangements between a faculty practice plan and another component of the same AMC; and (2) compensation arrangements between an affiliated DHS entity and the affiliated physician practice in the same nonprofit integrated health care system.[1] Following this delay, CMS issued the proposed rule regarding the Hospital Inpatient Prospective Payment System ("IPPS") for FY 2009 ("Proposed Rule"), in which CMS solicited comments on two alternatives to address the "stand in the shoes" provisions for AMCs and integrated health systems going forward. The first alternative would create exceptions from the provision for physician-employees or contractors whose compensation arrangement satisfies the employment, personal services, or fair market value exception, or where the compensation arrangement is between an AMC component and a physician organization affiliated with the AMC through a written agreement to provide services required to satisfy the AMC's obligations under the Medicare Graduate Medical Education rules.[4] The
laws potentially violated by the conduct. Finally, a provider must be in a position to complete the investigation and damages assessment within months. These additional requirements are not expected to be a problem for most SDP participants as it is expected that most participants will have already conducted an internal investigation prior to self-reporting.

The purpose of the SDP is to “facilitate resolution of matters that potentially violate federal criminal law, civil law, or administrative laws for which exclusion or civil monetary penalties are authorized,” and it is not intended to penalize “mere billing errors or overpayments,” which should be submitted directly to the appropriate claims-processing entity. While it is the goal of the OIG to make the SDP process more efficient and fairer towards self-disclosing providers, the 2008 Open Letter continues to state nothing regarding how the Department of Justice will approach penalizing the violations that are self-disclosed. Nevertheless, Inspector General Daniel R. Levinson believes that the presumption in favor of not requiring compliance agreements “appropriately recognizes the provider’s commitment to integrity,” and that the new approach “benefits both disclosing providers and the Government and furthers our efforts to strengthen the integrity of the Federal health care programs.” The new program rewards providers that submit a complete and accurate disclosure; respond promptly to OIG informational request; and, perform an adequate internal investigation of the underlying issues, while facing the prospect of no integrity agreement, a penalty which can prove onerous and extraordinarily expensive for the provider. The new refinements to the SDP give self-disclosing providers significant advantages over providers who do not self-disclose, which the OIG hopes will not only streamline the self-disclosure process, but will also make providers more efficient by allowing them to save money as they are working to correct the problem.

argues are present. Regardless of what happens in this particular case, the important lesson for other IPAs to take away is that the more obscure the procompetitive benefits of an IPA’s joint-contracting practice are, the less likely it will be able to withstand antitrust scrutiny.

With the revisions of the "stand in the shoes" provision, CMS also proposed revising the definitions of "physician" and "physician organization" so that the determination as to whether a direct or indirect compensation agreement exists would be clearer. Under the proposed definitions, physicians will be deemed to "stand in the shoes" of: (1) another physician who employs the physician; (2) his or her wholly owned professional corporation; (3) a physician practice that employs or contracts with the physician or in which the physician has an ownership interest; or (4) a group practice of which the physician is a member or independent contractor.

Advisory Opinion: Remote Electronic Access of Patient Information

Additionally, CMS has recently published a new Stark Law advisory opinion on the topic of remote electronic access of patient information by the medical staff of a hospital system. CMS advised an inquiring hospital system that providing customized software to members of the medical staffs would not give rise to a compensation arrangement between and among the physicians and the hospital under the Stark Law. Under section 1877 of the Social Security Act, a compensation arrangement includes all arrangements between a physician (or immediate family member) and an entity which involves remuneration, except those arrangements which involve only "the

provision of items, devices, or supplies that are used solely to order or communicate the results of tests or procedures for such entity. “[10] Because the provision of free equipment solely to communicate the results of exams does not have independent value apart from the service being provided, it does not constitute prohibited remuneration.